The Team
Full Circle Professional Development

Full Circle Development strives to provide an experiential learning experience, focused on inspiring management and leadership development, coaching and coach training. Our highly experienced UK team are passionate and committed to your development.

We work with individuals or a whole organisation and help people overcome great obstacles and achieve significant personal and professional success.

Whether training on one of our ICF-approved Coaching Courses, or developing your management and leadership skills Full Circle Development leads the way in helping you learn, grow and achieve.

At the heart of everything we do is our passion and your greatness. We believe everyone can be great and we will strive to help you to become the best you can be.

Full Circle Professional Development – Career Coaching

The career development industry is changing and over 61% of people are less than completely satisfied with their work.

Those who invest in career coaching experience a range of emotional learnings and insights which will allow them to realise and reach their greatest potential; improving their self-awareness and personal impact; improving on their strengths, natural talents and abilities along with determining their authentic vocation.

Those individuals who are challenged are the ones who can truly find greatness and become their personal best. They go on to lead the career and experience the opportunities that are meaningful and worthwhile to them.

Those who embark on a career coaching journey experience a range of emotional learnings and insights which will allow them to realise and even reach their true potential; improving their self-esteem and confidence. They can continue to move forward and succeed in all areas in their career.
The Team

The Coaching Management Team

• Gillian Brown – Director and Head of the Career Management Coaching Team
• Jane Welsh – Client Service Manager

The Career Management Coaching Team

• Anita Gohil-Thorp
• Kerry McLeod
• Gill MacAskill
• Ruchi Shah-Mehta
• Eddie Cassidy
• Jennifer Collins
• Marie-Gisela Hogan Smith
• Trish Patterson
Gillian Brown

Coaching & Development Director, Head of the Career Coaching Team

Gillian is founder of Full Circle Development Consultancy Ltd. As the Coaching and Development Director she is champion of personal development, Gillian is a true entrepreneurial leader at the forefront of coaching and leadership growth in the UK. She was also a Director of New-U Coaching between 2005 - 2010. Gillian’s passion and drive towards excellence in developing others has seen her company rapidly become a UK market leader in bespoke design and development programmes ranging from coaching, & coach training to leadership & management development.

Gillian is an acclaimed transformational trainer and coach with a client list of organisations spanning law, property, banking, construction, IT, retail and the UK government. Her coaching and leadership development work is recognised as innovative and empowering, evoking awareness and actions that lead to success. She has supported the growth of international and UK based organisations, working in partnership to identify key areas of organisational development.

Prior to New-U Coaching, Gillian worked within Human Resources for over 10 years, specialising in training, development and coaching. She has assisted a number of organisations in defining their strategic vision, improving performance and developing the personal ability of their teams as a foundation to challenge, focus, engage and motivate.

Gillian has been instrumental in creating coaching cultures within a number of organisations from concept and consulting through completion and sustainability. She has designed, led and implemented methods and development to evolve coaching as the natural and dominant management style, with a clear focus on increasing performance, contribution and motivation.

Gillian is an accredited ICF Coach and holds the PCC Credential. She is associate member of the CIPD and a member of the Institute of Directors. Gillian is also a panel member of the Evolutionary Institute and is a member of the International Coach Federation. Gillian is in the process of gaining her Master Coach Credential with the ICF.
Meet the Team

Jane Welsh, Client Service Manager

Jane joined the Full Circle Development Team in June 2013 having spent 15 years providing HR managerial support in the financial, legal and education sectors.

Jane brings with her a variety of generalist HR experience including policy development, recruitment and selection, employee relations, performance management and employment legislation. She is a Chartered Member of the Chartered Institute of Personnel & Development and has a BA (Hons) in Commerce. Jane is a member of, and an Accredited Coach with the International Coach Federation.

Jane’s approachable manner allows her to establish client relationships quickly and effectively. Jane is the Client Service Manager for those wishing to embark upon Career Coaching please contact Jane by email: jane@fullcircledevelopment.co.uk

Anita Gohil-Thorp, Career Management Coach

Anita is a passionate advocate of coaching, a passion that has evolved during more than fifteen years’ of working closely with people in the professional services arena. She has been described by clients as “focused, extremely effective, professional, insightful, aspiring and supportive”.

Anita has developed a deep awareness of the potential to strategically create and sustain individual career success as well as the role of businesses in effective people development and revenue growth. She has worked with leaders, partners, associates and business owners as well as individuals starting their careers. She has assisted major organisations and SME leaders and HR directors with strategic recruitment and expansion projects during her time in the City of London.

Anita first qualified as a solicitor with international law firm CMS Cameron McKenna before she spent several years as a specialist professional recruiter with a leading independent firm. She went on to lead the coaching practice in a London recruitment company. Her extensive experience of working with professionals at all levels, combined with her coaching skills, enables her to deliver transformative personal and organisational development coaching with a commitment to sustaining that growth. She also coaches high schools students in relation to CVs and interviews and is a mentor to young adults. Anita remains a member of the Law Society and is an Accredited Coach with the International Coach Federation.
Kerry McLeod, Career Management Coach

Kerry has specialised knowledge of Business and Financial Strategy, Planning and Development; Governance, HR, Finance, Corporate Services, Change Management and Project Development. Her experience has been in leadership, interpersonal skills, career progression and exploration, managing conflict, strategic thinking and enabling change.

Kerry previously coached informally for over 5 years, coaching senior managers and executives as part of business and project management activities and now formally coaches individuals to bring about transformational change for the individual and organisation alike.

As an inspiring force for good, she has coached leaders to appreciate and understand others and themselves in order to bring about lasting positive change, whilst helping them identify and remove barriers, focus and see potential in themselves, the people and the environment around them.

Kerry’s approach is to work with the whole person, acknowledging all facets of who they are in a collaborative and holistic manner, bringing all of herself to every session, thereby building an authentic coaching relationship based on trust and honestly, looking to assist clients bring about transformational change. Through a pragmatic but intuitive approach, Kerry provides a space, which allows people to understand their own behaviours and beliefs to resolve problems within a safe environment, where honesty, leadership, support and understanding offers that perfect place, to have challenging enquiry and encouragement to assist each person push towards achieving their greatest potential.
Gill MacAskill, Career Management Coach

Gill is ICF Accredited with up to ten years specialising in Career Coaching. She has been focussed on working with individuals from large Financial Service organisations through successful Career Transition, since the economic downturn a few years ago.

Her experience on how to manage the demanding job market is strong and Gill currently delivers seminars on CV Writing, Interview skills (which includes answering tricky competency based style questions) The Importance of Networking and Personal Presentation.

Gill has expertise in how to effectively manage recruitment assessment centres and will provide guidance on how best approach this type of interview screening. Gill is experienced in supporting individuals decide on the right career choice, including making major career shifts. She will work with you to explore your core values, lifestyle to understand how they fit with any career moves an individual would like to make. She is supportive and motivational but is also unafraid to challenge and provide appropriate feedback, particularly on your personal delivery.

Ruchi Shah-Mehta, Career Management Coach

With a strong belief in empowering individuals to fulfil their aspirations and realise their potential, Ruchi was inspired to become a coach and coach trainer. Her coaching and people development work has been recognised as motivational, insightful and dynamic. She has coached people at various corporate levels across a multitude of industries in both public and private sectors.

Over the years Ruchi has worked with a range of clients faced with change: promotion, change of jobs, redundancy, change of careers – even retirement; helping them to unearth, create and manage careers that are congruent with their authentic selves.

Ruchi’s work with her clients has also helped them gain insights and develop strategies to strengthen their performance at work and create more impact in their roles.

Ruchi is an Associate Certified Coach (ACC) with the International Coach Federation, a Certified Personal Branding Strategist,, Licenced Practitioner of Neuro Linguistic Programming (NPL) and holds a professional postgraduate Diploma in Marketing Communications. She is an associate of the Chartered Institute of Marketing and an associate of the Professional Speaking Association.
Eddie Cassidy, Career Management Coach

Eddie is a passionate and experienced Coach and Mentor with over 7 years of experience. His goal is to simply “Inspire Change and Motivate Growth” to enable Executives, Teams and Businesses the opportunity to become all they can be.

Eddie has worked in the Local Authority, Supply Chain Management, Leisure, Property and Automotive sectors predominately in the Blue Chip arena. Eddie’s fun loving, curious and supportive nature makes his coaching sessions fun yet challenging. His wealth of commercial & business experience supports his sessions.

He has worked extensively with young Executives to help them carve a successful career path; he has achieved this by encouraging his clients to always “Think Big”. His passion for his own personal development has taken him on his own road of “Growth and Change”, recently qualifying as an Associate Certified Coach with the International Coaching Foundation. People who have worked with Eddie would say simply that he “Really cares” and that this passion helped deliver fantastic results.

Jennifer Collins, Career Management Coach

Jennifer Collins is an ICF Accredited Coach and thrives on helping people to unlock their true potential and believe in themselves. You will find her ethics and professional standards are second to none, and her strengths lie in transformational coaching.

Jennifer has a proven track record on working with people for both professional and personal development, specialising in partnering with Financial Service professionals. Her clients find her authentic and able to offer a structured approach to coaching built on confidentiality, integrity and mutual respect.

Jennifer’s strengths lie in the strong relationships she builds and understanding the unique qualities of individuals, which she finds fascinating. She also displays high levels of responsibility so is a safe pair of hands. Being an HR professional Jennifer really has people as her top priority, and being in project management makes her a very focused individual; all great qualities as a coach!
MG Hogan-Smith, Career Management Coach

Marie-Gisela is an accredited ICF coach with a Certificate in Professional Coaching Practice. A Senior Manager with over fifteen years experience: in audit, inclusion and risk roles she was drawn to Coaching by an interest and passion to help people develop and maximise their potential, so that they can bring their strengths fully to work.

Marie-Gisela’s style is to build a trusting relationship, with support and challenge, integrity and professionalism to help you explore and develop your strengths, removing barriers to change. Career Coaching can unlock hidden potential and identify new paths and opportunities. As your coach Marie-Gisela will listen to you, work with you, give you space for reflection and provide challenge to motivate and bring clarity to help you achieve your aspirational goals.

Trish Patterson, Career Management Coach

Trish has a very diverse training background, from a wide variety of sport education to training in corporate organisations such Asda and Tesco. Coaching was a natural progression where Trish discovered a real passion for helping and inspiring people on their personal journey to discover and release their hidden talents.

Since 2003 Trish has continually developed as a coach specialising in leadership development and covering a wide variety of coaching including graduates entering into employment, entrepreneurs setting up their own business and performance enhancing for individuals. Trish has coached over 175 individuals including Store Directors, Cluster Managers, Managers and Team Leaders and is an Associate Certified Coach (ACC) with the International Coach Federation and is working towards her Professional Certificate.